

# Nestor Falls School Council Meeting

## January 25, 2023

### **Present:**

**NFS School Staff:** Donna Kowalski, Nissa Turner, Diana Krukoski

**Parents:** Robin Holden, Kiley Shebageget

**Community Partners:** Holly Chant (NWHU)

**Guest:** Tracy Idle, RRDSB (via videoconference)

### **Regrets:**

None

### Call to Order & Introductions:

- Meeting called to order at 3:32pm

### Review and Approval of Minutes:

- Peanut restriction discussed in previous meeting has now been elevated to a restriction on all nuts; no corrections to minutes needed as information was accurate at the time
- Minutes of September 28, 2022 meeting approved

### Declaration of Conflicts of Interest:

- No conflicts

### New Business:

#### Tracy Idle Presentation

- Tracy is the Mental Health Leader for the RRDSB; joined the meeting today to provide an update on some of the RRDSB's Mental Health Strategy activities
- RRDSB follows the School Mental Health Ontario strategy and 5-pillar plan; done in conjunction with school officials; programs/activities include:
  - Rainbow Connection presentations
  - Life Promotion toolkit
  - Kindergarten & Grade 9 targeted programs; student integration to elementary and high school
  - Anti-human trafficking presentations
  - Pilot – Preventure (substance abuse prevention program)
  - Identifying Mental Health Champions in schools (senior grades 5-8)
  - Safe Talk (suicide prevention program)
  - Be Well Initiative
- SMHO has resources online for parents and students
- ACTION ITEM:** Donna and Nissa will work together to identify MH Champions in the Senior Room for NFS.

### PIC Update

- PRO Grant – has changed for this year, NFS will not be receiving as much as they did in the past (approx. \$544 for this school year)
- Last year NFS used PRO funding to do the cookbook which went well
- Discussion for this year, will look into having Jessykah Wilson come and provide a presentation for parents on grooming/human trafficking; Jessykah is an excellent presenter and is a survivor of grooming and human trafficking
- Donna will inquire with Jessykah about her availability and fee; will ensure that this is eligible for the PRO grant
- Donna will also ask Jessykah for suggestions on resources for parents (ie: books, handouts, etc); School Council could purchase resources to provide to parents and cover any costs above what NFS receives for PRO grant
- Will target Mental Health week in May; hold at the NF Community Hall

### Mom's Pantry Update

- School Council final fundraising total was \$539; Mom's Pantry waived delivery charge despite us not hitting the needed target, but we had to be flexible on delivery
- Delivery was a disaster; snowstorm delayed delivery and then Mom's Pantry sent 2 trucks on the same day
- There are a few outstanding backordered items, which Robin is keeping track of

### Laker's Clothing Update

- Delivery was also a disaster; snowstorms and the Sportop did not ship according to instructions given
- Donna to follow up with Sportop to see what happened with delivery

### Financial Update

Ad Board Revenue:	\$2677.10
Mom's Pantry:	\$ 123.79 (MP paid for Laker's Tshirts for all students)
SC Account:	<u>\$1072.85</u>
Total	\$3873.74

### Next Fundraiser

- Sturgeon Creek will be doing a Little Caesar's pizza kit fundraiser, and they have discovered that Little Caesar's now has a minimum 200 item order limit or they cancel any fundraisers who do not meet that amount; based on the turnout for the Mom's Pantry fundraiser, decision made to not do Little Caesar's this year
- The NF Recreation Committee was still hopeful that SC would run the 50/50 draw for the NF Winter Carnival; Kiley will apply for the lottery license, will look through Jen's binder for the info

### NWHU Update (Holly)

- Holly brought backpacks filled with personal care supplies and winter accessories to be distributed accordingly by school staff
- "You're the Chef" program; targeting spring schedule

- HU staff will be training for this program in March
- NFS School wishes to participate, and for Holly to run program
- 5-week program, will start after March break
- Holly can provide a presentation on Pink Shirt Day (Feb. 20) if desired
- Nissa inquired about if the HU does sexual health presentations; Holly will follow up with that team to see if they are doing outreach services
- Holly can provide presentations/programming on a variety of topics (ie: nutrition, smoking cessation, substance abuse, mental health, etc)
- HU is still holding Covid/Flu vaccine clinics
- Holly is also available to provide a presentation during Mental Health Week

### Teacher Update

- Report cards will be coming out soon
- Held a “Bannock extravaganza” this week, students had a great time; cooked Bannock outside over the fire
- Connected North continues to be utilized, students enjoy it; Singing with Caleb, Ojibway lessons, etc.

### Principals Report

- Report cards will go out Feb. 21
- Bell Let’s Talk booklets went home this week
- Grade 7s will be going to SCS for Winter Survival training
- NFS students invited to an archery tournament at SCS on Feb. 25
- NFS Gr. 7/8 invited to an invitational dance at SCS (meet other kids soon heading to high school)
- There will be a presentation from the Experimental Lakes Area on Feb. 15
- Dog sledding is tentatively booked for March 28 (possibly will be held earlier pending availability); School Council to cover the costs for this activity (approx. \$1500.00)

### Next Meeting Dates

- February 15, 2023 – 3:15pm
- May 10, 2023 – 3:15pm

### Adjournment

- Meeting adjourned at 5:20pm